

**SCHI ROLE/ALERGARE/CROS
SEZONUL 2026 - 2027**

VARA 2026

CT 15.05.2026

01.06.2027 se schimba categoria

CATEGORIA		ANUL NASTERII	PROBA										TRAS APLIC
			DISTANTA	STIL	DISTANTA	STIL	DISTANTA	STIL	STAFETA	STIL	Stafeta M	STIL	
MASCULIN	Juniori IV	2013 si mai mari	3 km	Cros					3x2km	Cros	2x2km	Cros	0,8km
	Juniori III	2012 -2011	4km	Cros					3x3km	Cros	2x3km	Cros	1,0km
	JUNIORI II	2010-2009	10km	Clasic	7,5 km	Liber	Panta	Liber	3x 5km	2CI+1L	SPRINT	Clasic	
	JUNIORI I	2008-2007	15km	Clasic	10 km	Liber	Panta	Liber	3x 5 km	2CI+1L	SPRINT	Clasic	
	U 23	2004									SPRINT	Clasic	
	SENIORI	2006- si mai mari	15 km	Clasic	10km	Liber	Panta	Liber	3x10 km	2CI+1L	SPRINT	Clasic	
FEMININ	Junioare IV	2013 si mai mari	3km	Cros					3x2km	Cros	2x1,5km	Cros	0,6km
	Junioare III	2012 -2011	4 km	Cros					3x3km	Cros	2x2km	Cros	0,8km
	JUNIOARE II	2010-2009	7,5km	Clasic	5 km	Liber	Panta	Liber	3x3,3 km	2CI+1L	SPRINT	Clasic	
	JUNIOARE I	2008-2007	10km	Clasic	7,5 km	Liber	Panta	Liber	3x3,3 km	2CI+1L	SPRINT	Clasic	
	U 23	2004									SPRINT	Clasic	
	SENIIOARE	2006- si mai mari	10 km	Clasic	7,5km	Liber	Panta	Liber	3x5 km	2CI+1L	SPRINT	Clasic	

2 sau 2,5km? Ptr 2026

Castile de protectie (cap) si ochelari sunt obligatorii la antrenamente si competitii, Varfurile vidia de la bete trebuiesc prevazute cu protectii
Se interzice intrarea la start fara casca si ochelari de protectie

Probele la CN 2026 sunt : 1proba clasica; 1 proba libera; 1 proba panta - alternend anual stilul de mers; 2026 Liber

Marve 6

In cazul in care Campionatul National se suprapune cu o competitie internationala FIS stilul de mers si distantele se pot modifica in functie de concursul FIS

D. The Competition and the Competitors

Q age

341 Requirements of the Competitors

341.1 Age Categories

341.1.1 The FIS competition year (or season) is 1st July – 30th June of the following year.

341.1.2 Seniors (women and men) must be at least 21 years old during the calendar year (01.01.-31.12.). The right to start begins with the beginning of the competition season (e.g. for 2020 from 1st July 2019 onwards).

341.1.3 Junior women and junior men must be no older than 20 during the calendar year (01.01.-31.12.) in which the season ends.

Nordic Junior World Ski Championships

Competitors must have reached their 16th birthday before the end of the calendar year (1st January – 31st December) in which the season ends.

Season	Age	Years of birth
2024/25	16-20	2005, 2006, 2007, 2008, 2009
2025/26	16-20	2006, 2007, 2008, 2009, 2010
2026/27	16-20	2007, 2008, 2009, 2010, 2011

U23 World Ski Championships Cross-Country

U23 women and U23 men must be no older than 23 during the calendar year (01.01.-31.12.) in which the season ends.

Season	Age	Years of birth
2024/25	21-23	2002, 2003, 2004
2025/26	21-23	2003, 2004, 2005
2025/26	21-23	2004, 2005, 2006

341.1.4 Junior women and junior men should normally start in their own classes. They may start in the respective women or men's classes, which also include general classes at long distance popular competitions.

341.1.5 At all FIS competitions competitors must have reached their 16th birthday before the end of the calendar year (1st January – 31st December) in which the season ends:

- In season 2022/23, competitors born in 2007 and earlier
- in season 2023/24, competitors born in 2008 and earlier
- in season 2024/25, competitors born in 2009 and earlier
- in season 2025/26, competitors born in 2010 and earlier

Concurenții trebuie să fi împlinit cea de-a 16-a vârstă înainte de sfârșitul anului calendaristic (1 ianuarie - 31 decembrie) în care se încheie sezonul.		
Sezon	Vârstă din sezon	Ani de naștere
2024/25	16-20	2005, 2006, 2007, 2008, 2009
2025/26	16-20	2006, 2007, 2008, 2009, 2010
2026/27	16-20	2007, 2008, 2009, 2010, 2011